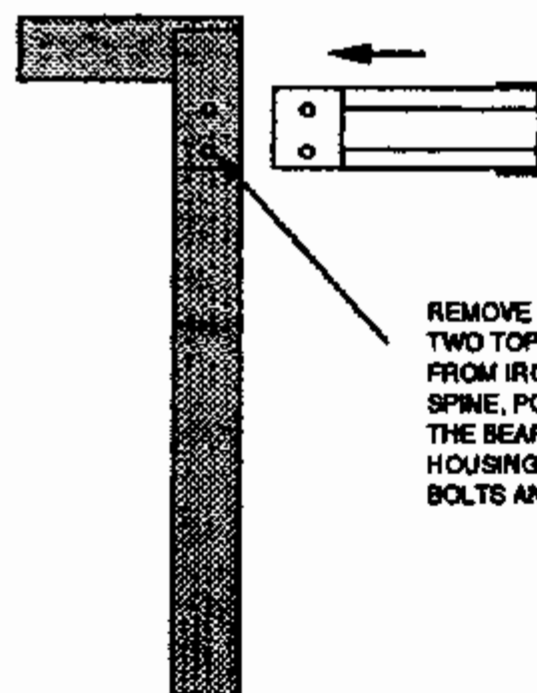
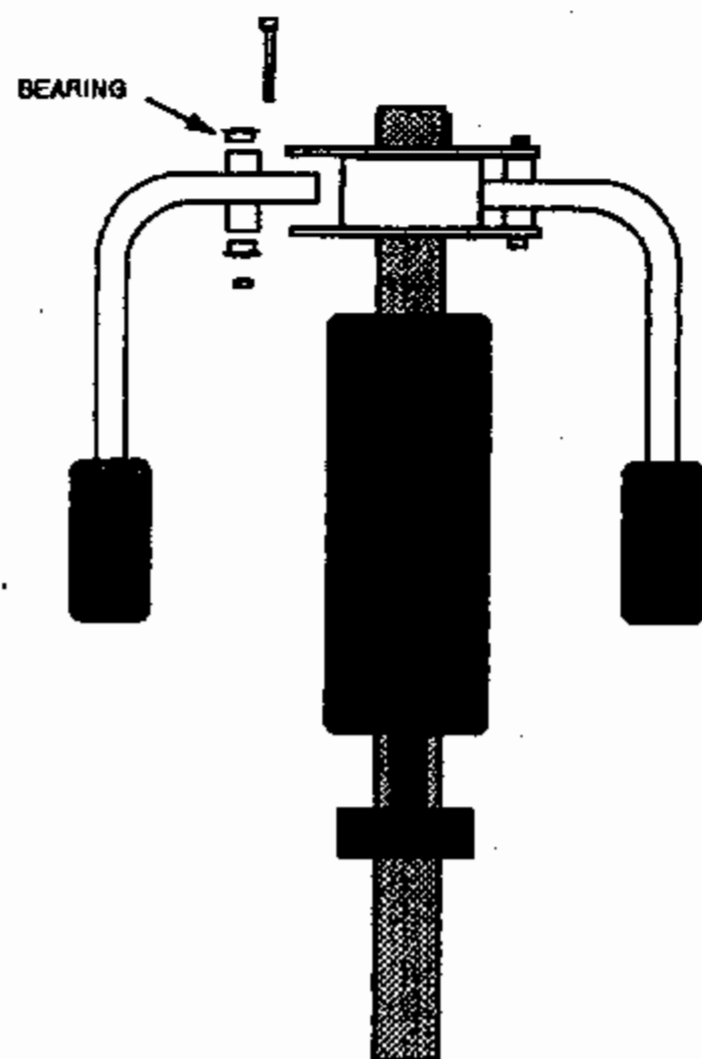


1

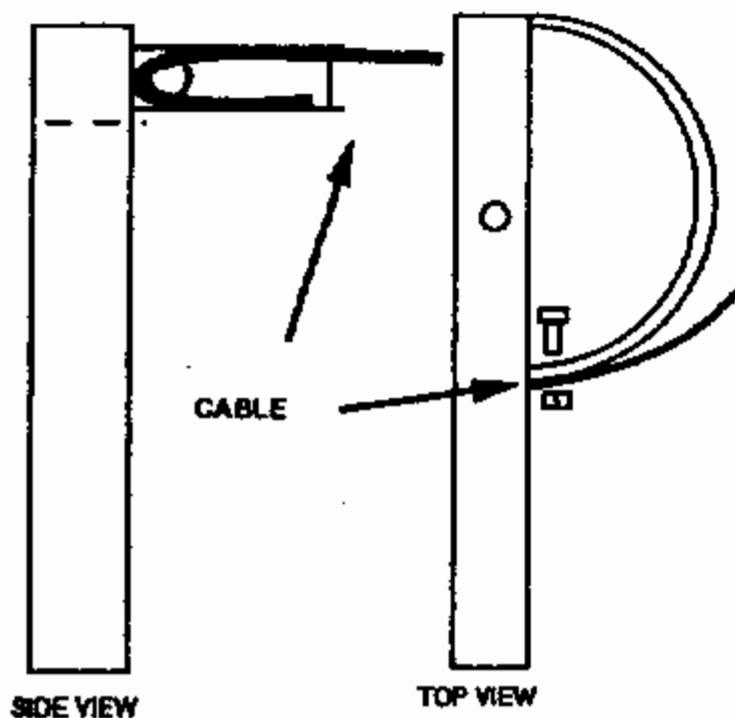


2 INSERT BEARINGS (4) INTO THE BEARING HOUSING. ATTACH PEC-DEC ARMS WITH  $\frac{3}{8}$ " x 8" BOLTS. DO NOT OVER TIGHTEN, THE ARMS SHOULD PIVOT FREELY.



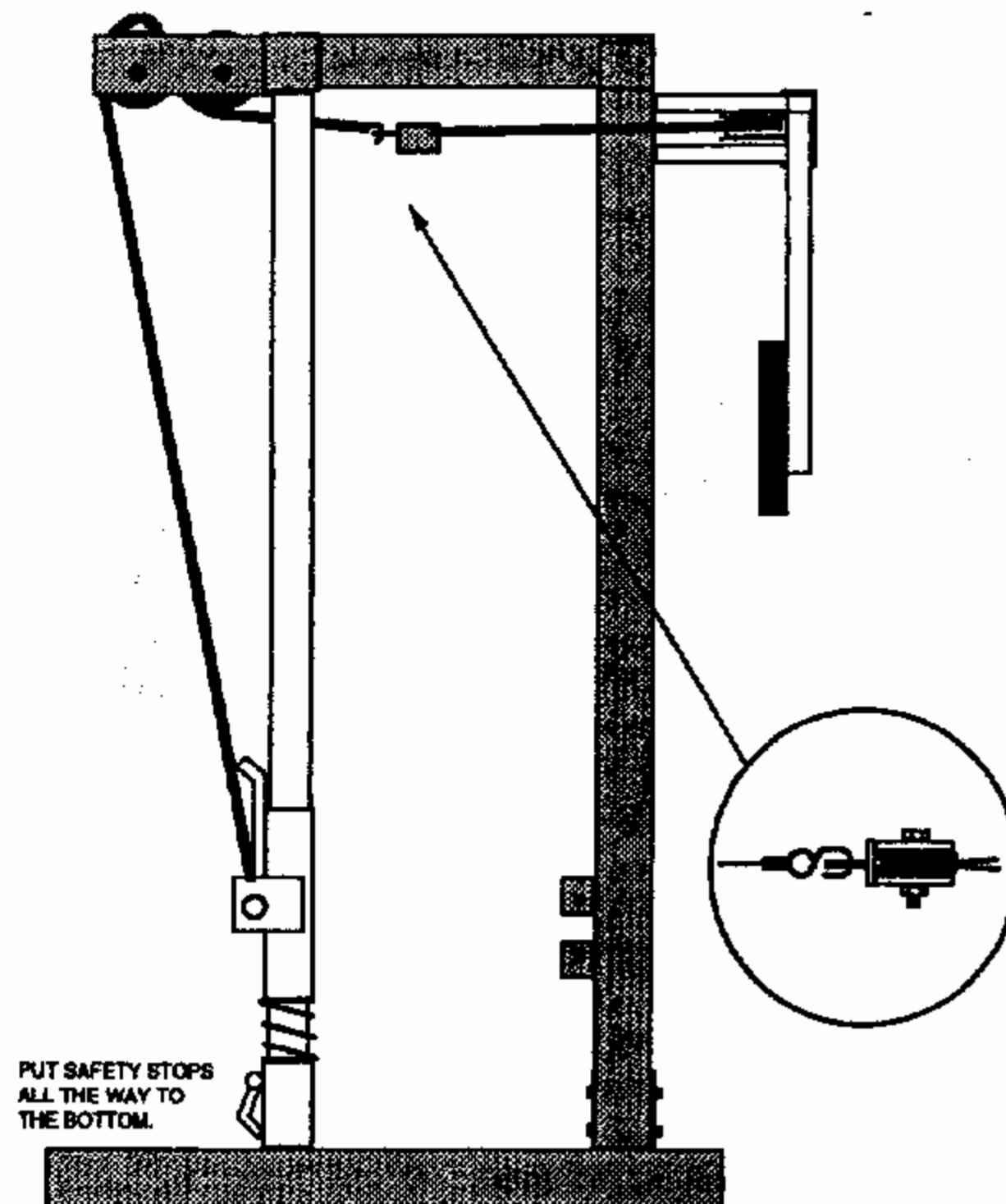
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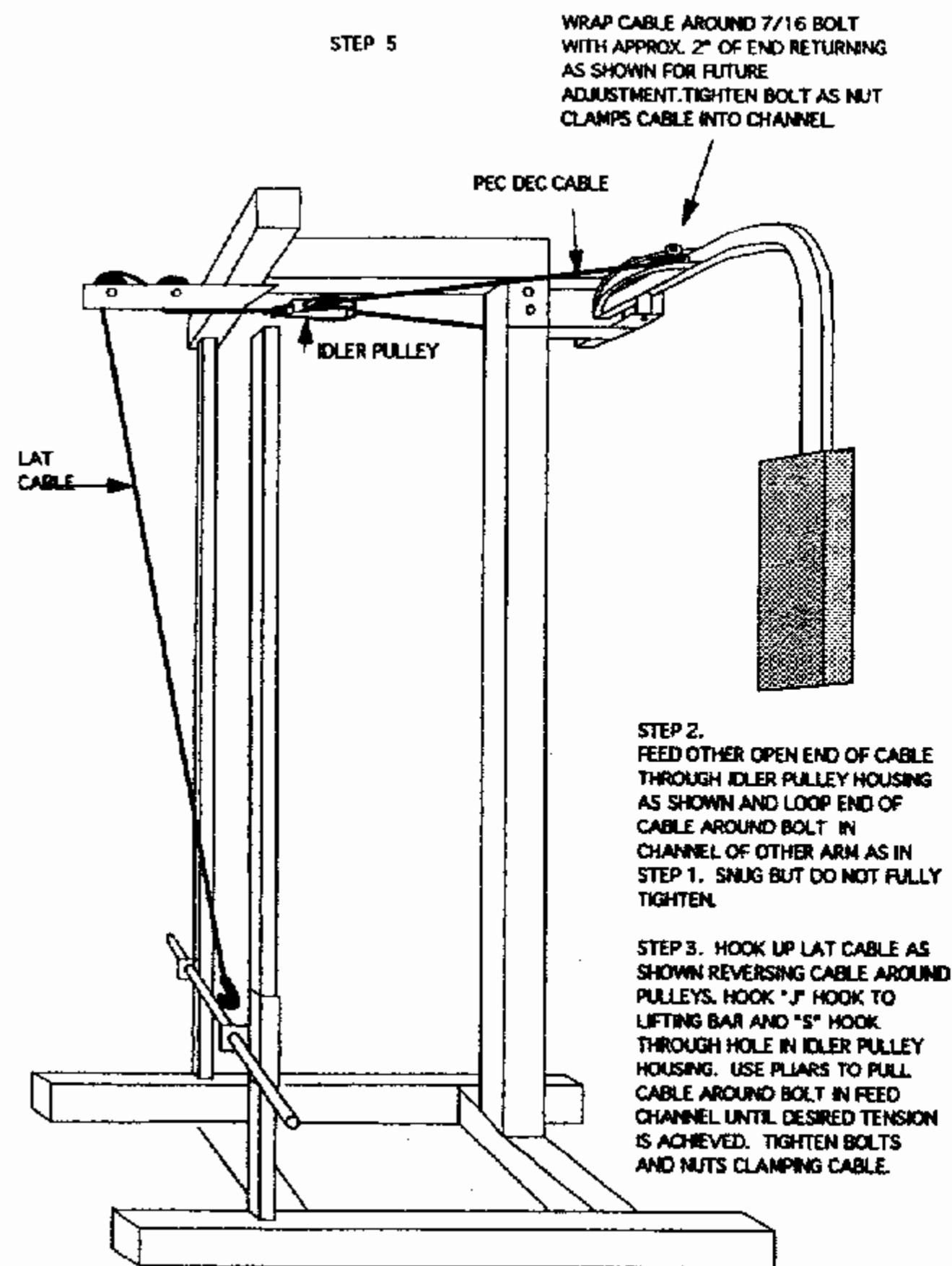
ATTACH CABLE TO ONE PEC-DEC ARM. WRAP CABLE AROUND  $\frac{7}{16}$ " BOLT FORCING CABLE INTO GROOVE. SECURE WITH NUT.



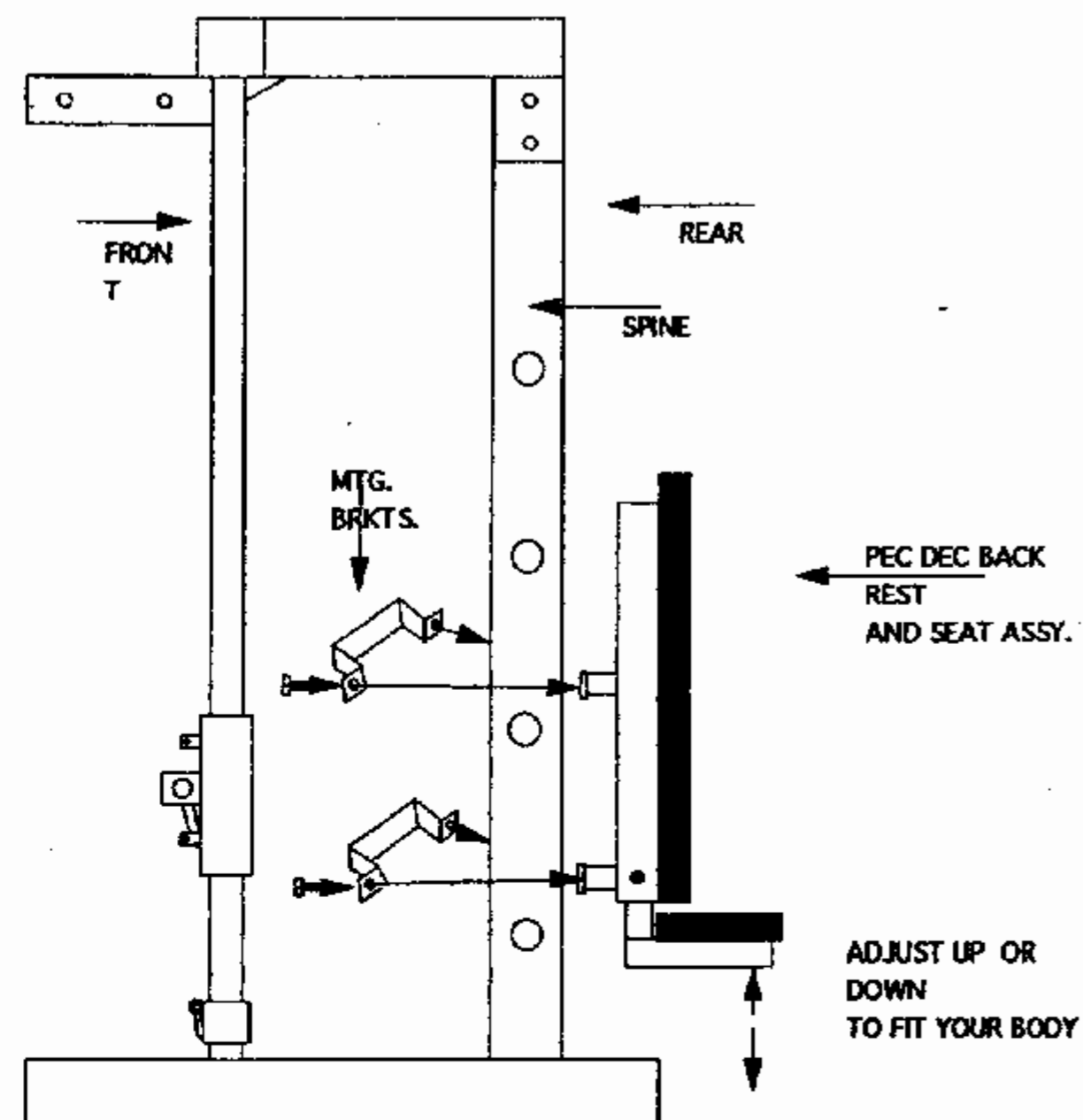
4

CONNECT AND THREAD THE LAT CABLE FROM THE LIFTING BAR OVER THE OUTSIDE PULLEY, DOWN BETWEEN THEM, AND UNDER THE INSIDE PULLEY. ATTACH THE SMALL PEC-DEC PULLEY TO THE S-HOOK ON THE LAT CABLE AND THREAD THE PEC-DEC CABLE THROUGH THE SMALL PULLEY, THEN UNDER THE NUTS ON THE OTHER ARM. PULL SLACK AND TIGHTEN THE  $\frac{7}{16}$ " BOLTS (SEE #4).





PEC DEC CABLE ATTACHMENT INSTRUCTIONS.



## PEC DEC BACK REST AND SEAT ASSEMBLY INSTRUCTIONS

ASK YOUR ASSISTANT TO HOLD THE BACKREST PAD SEAT AT THE APPROXIMATE HEIGHT YOU WANT THE SEAT LOCATED. LOCATE THE U-SHAPED MOUNTING BRACKETS OVER THE SPINE AS SHOWN AND BOLT TO THE SEAT BRACKETS USING 3/8 X 1 BOLTS, WASHERS, AND NUTS. AFTER INSTALLING BEARING HOUSING AND UPPER ARMS, TEST UNIT FOR SEAT HEIGHT AND ADJUST AS NEEDED.